

Showcase Exhibition Routines

Perform
SHOWCASE

Lifts allowed as described in the Rules
under "Lifts & Performing Arts".

Music

Music files must be supplied in .WAV or .MP3 formats only. Nothing else accepted.
All music must be supplied twice. Once on a USB drive with no other files on the
drive (we will return it to you) and 2nd you must bring a back-up copy of your own
on USB on performance day. The USB's must have been tested by the dance studio
by playing it all the way through non-stop so there are no problems. ASDAC is not
responsible for any music that does not play. PLEASE BRING BACK-UPS!



[Photography : MD Aerial Productions](#)

World & USA Rhythm Champions Nazar Norov & Irina Kudryashova performing at ASDAC 2019

Dress Code

May wear any costuming appropriate for the dance style.

All costuming must be secure and not reveal underwear.

Props are allowed.

Costumes and props are not permitted to pose any danger to the dancer or other people.

No underwear to be visible. Costume underwear must be worn over real undergarments.

Appropriate coverage of the bottom and breasts is essential.

Dance shoes.

No advertising is allowed on costumes except for dancewear logos.

No derogatory/racist/sexy words on costumes at all.