

# L2 Smooth - Closed Division Restricted Figures

## Advanced Beginner Elements of Dancing

### Simple Figures, Defined Elements, Clear Timing

Closed Division is a clear demonstration of the core elements at their technical best.

Not every figure from the variety of beginner curriculums seen at every studio will be in these restricted figures.

To keep the list of restricted figures to a restricted size, the majority of figures with repeated elements were not included.

Level 2 Competitors must dance Level 1 Figures a. and b. (with the option of more in Quickstep) in every dance style they enter, plus at least 1 figure from the Level 2 list. It isn't a requirement to dance any more Level 2 figures than that. You can choose to dance any or all of the other figures named at this Level in each dance, and no others.

The figures below are named by their elements, avoiding names of known figures. For the sake of clarity, video demonstrations of the figures are available. Other L1 figures may be danced when necessary to apply good floorcraft.



#### LEVEL 2

# Waltz

# Waltz

 Non-Continuity

#### Dance Holds:

Dancing must commence in a 'Traditional Closed Dance Position'.  
Traditional Hold in all figures  
Promenade and Outside Partner Positions  
Open Counter Promenade and Inverted Open Counter Promenade Positions

#### Lead/Follow:

All material must be Lead & Followed.

#### Timings:

Allowed: Normal & Syncopated 1, 2 & 3 only in the Chasse

#### FIGURES ALLOWED:

# 2

#### a. The Closed Box - with and without slight turn

#### b. Left Foot & Right Foot Closed Changes

- A Chasse in Promenade Position
- Closed Twinkles Progressing Forward
- A Natural Spin Turn
- A Simple Grapevine - no syncopations
- Closed Boxes changing from OCPP to Back to Back

#### FOCUS ELEMENT:

- Chasse
- Travelling Twinkles
- Pivot
- Grapevine
- Dance Positions



#### LEVEL 2

# Tango

# Tango

 Non-Continuity

#### Dance Holds:

Dancing must commence in a 'Traditional Closed Dance Position'.  
Traditional Hold in all figures  
Promenade and Outside Partner Positions

#### Lead/Follow:

All material must be Lead & Followed.

#### Timings:

No Syncopations.

#### FIGURES ALLOWED:

# 2

#### a. The Tango Basic CL/OP - curved or straight.

#### b. Promenade Turning the Follower Left

- Rocks Progressing Forward
- A Closed Promenade with Progressive Link
- A Twist Turning to the Right
- A Pivot from Promenade and Running Steps
- A Simple Oversway

#### FOCUS ELEMENT:

- Rocks
- Promenades
- Twisting Right
- Pivot & Running Steps
- Oversway



## LEVEL 2

# Foxtrot

Closed Division Restricted Figures

## Foxtrot Non-Continuity

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'.  
Traditional Hold in all figures  
Promenade and Outside Partner Positions  
Multiple Open Positions remaining in Leader's L to Follower's R hand hold during the changing Twinkles
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** Allowed: SSQQ, SQQ, QQQQ and SQ&Q.

### FIGURES ALLOWED:

2

#### a. The Basic - fwd & bk

#### b. A Rock Turn Turning Left

- A Chasse in Promenade Position
- Closed Twinkles Progressing Forward
- A Simple Grapevine - no syncopations
- A Twist Turning Left
- A Single Pivot - no syncopation
- Twinkles changing from Open to Closed Positions

### FOCUS ELEMENT:

- Chasse
- Travelling Twinkles
- Grapevine
- Twisting Left
- Pivot
- Dance Positions



## LEVEL 2

# Viennese

## Viennese Waltz Non-Continuity

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'.  
Traditional Hold in all figures  
Promenade, Counter Promenade, Open Facing, Open and Left Side by Side Positions
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** Allowed: 1,2,3 and Hesitation timing only. (Refer to Glossary for Timing Descriptions).

### FIGURES ALLOWED:

2

#### a. A Left Cross Turn

#### b. Hesitations Fwd/Bk/Side (optional directions)

- Progressive 5th Position Breaks - Traditional Hold only
- Hesitation and Underarm Turn
- Closed Boxes changing from OCPP to Back to Back
- Run in Promenade Position
- In & Out Hesitations

### FOCUS ELEMENT:

- 5th Positions
- Underarm Turn
- Dance Positions
- Run
- Open Hesitations



## LEVEL 2

# Quickstep

## Quickstep Non-Continuity

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'.  
Traditional Hold in all figures  
Outside Partner Positions
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** No multiple syncopations.

### FIGURES ALLOWED:

2

#### a. Quarter Turn to Right

#### b. Progressive Chasse

#### c. Natural Spin Turn

#### d. Natural Turn with Hesitation

- Closed Impetus
- Back Lock
- Reverse Pivot
- Progressive Chasse to Right
- Double Reverse Spin
- Change of Direction

### FOCUS ELEMENT:

- Heel Turn
- Lock Step
- Pivot
- Chasse
- Large Amount of Turn
- Hesitation