

L2 Rhythm Closed Division Restricted Figures

Advanced Beginner Elements of Dancing

Simple Figures, Defined Elements, Clear Timing

Closed Division is a clear demonstration of the core elements at their technical best.

Not every figure from the variety of beginner curriculums seen at every studio will be in these restricted figures.

To keep the list of restricted figures to a restricted size, the majority of figures with repeated elements were not included.

Level 2 Competitors must dance Level 1 Figures a. and b. in every dance style they enter, plus at least 1 figure from the Level 2 list.

It isn't a requirement to dance any more Level 2 figures than that. You can choose to dance any or all of the other figures named at this Level in each dance, and no others. The figures below are named by their elements, avoiding names of known figures.

For the sake of clarity, video demonstrations of the figures are available. Other L1 figures may be danced when necessary only to apply good floorcraft. There is a small amount of leeway on the starts and ends of figures, but do not add multiple extra elements to these figures. Please demonstrate a clear start and end to each figure with the focus element in between, without amalgamating the next figure directly into the middle of the current one.



LEVEL 2

Cha Cha

Cha Cha

Dance Holds:

Dancing must commence in a 'Traditional Closed Dance Position'. Traditional Hold in all figures.
Open Facing and Open Positions in Lead's L to Follow's R hand hold for Open Breaks & Underarm Turn.
Left & Right Side by Side and Apart Positions in Cross Overs. Promenade & Fallaway in 5th Positions.
Double Hand Hold in Shadow - Lead's L to Follow's L and Lead's R to Follow's R hand hold.
Double Hand Hold - Lead's L to Follow's R and Lead's R to Follow's L for Swivels. Apart Position in Chases.
Traditional Hold Cross Body Leads may be used in place of any 1st half of a Basic that a figure may commence with.

Lead/Follow:

All material must be Lead & Followed.

Timings:

Allowed: Normal, Double Cross Over Rhythm, Cross Triple Rhythm.

FIGURES ALLOWED:

2

a. The Cha Cha Basic

b. 2 x Cross Over Breaks and a Switch Turn

- Cross Body Lead to Follower's Reverse Underarm Turn
- A Back Spot Turn to 5th Position Break ending
- 3 x Backward Breaks in Shadow Positions
- 2 x Simple Swivels
- 2 x Half Chase Turns

FOCUS ELEMENT:

- Reverse Underarm Turn
- Back Spot Turn
- Fake Steps & Shadow Positions
- Swivels
- Visual Lead/Follow



LEVEL 2

Rumba

Rumba

Dance Holds:

Dancing must commence in a 'Traditional Closed Dance Position'. Traditional Hold in all figures.
Traditional Hold in the Grapevine. Open Facing and Shadow in Lead's L to Follow's R hand hold for the Spiral/Curl.
Open Facing and Open Positions in Lead's L to Follow's R hand hold for the Underarm Turns.
Double Hand Hold in Shadow - Lead's L to Follow's L and Lead's R to Follow's R hand hold.
Double Hand Hold - Lead's L to Follow's R and Lead's R to Follow's L for Swivels.
Traditional Hold Cross Body Leads may be used in place of any 1st half of a box that a figure may commence with.

Lead/Follow:

All material must be Lead & Followed.

Timings:

Allowed: SQQ or QQS, Fake Steps.

FIGURES ALLOWED:

2

a. The Rumba Box starting either Sideways or Forwards

b. Follower's Natural Underarm Turn

- A Back Spot Turn to Open Break
- A Simple Spiral/Curl
- 3 x Backward Breaks in Shadow Positions
- A Simple Grapevine
- 2 x Cross Over Swivels

FOCUS ELEMENT:

- Back Spot Turn
- Spiral/Curl & Shaping Lead
- Fake Steps & Shadow Positions
- Grapevine
- Swivels



LEVEL 2

Swing

East Coast Swing

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'. Traditional Swing Hold in all figures. Roll Turn and Open Facing Positions in Lead's L to Follow's R hand hold. Shoulder Taps in R to R hand hold. The Hitch Kick may replace any appropriate Rock Step in an Open Position.
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** Allowed: Single, Double, Triple, Lindy. SSQQQQ in the Chicken Walk.

FIGURES ALLOWED:

**a. The Swing Basic - in Triple or Single Rhythm****b. Follower's Natural & Reverse Underarm Turns**

- **A Right Lindy Turn ending in Open Break**
- **A Right Lindy Turn with Follower's Natural Roll Turn**
- **Shoulder Taps ending with a Simple Tuck Turn**
- **Chicken Walks**
- **A Hitch Kick**

FOCUS ELEMENT:

- Right Lindy Turn
- Roll Turn
- Shoulder Taps
- Swivels
- Hitch Kick



LEVEL 2

Mambo

Mambo

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'. Traditional Closed Hold in all figures. Open Facing and Open Positions in Lead's L to Follow's R hand hold for Open Breaks & Underarm Turns. Left Side by Side and Apart Positions in Cross Overs. Promenade & Fallaway in 5th Positions. Double Hand Hold in Shadow - Lead's L to Follow's L and Lead's R to Follow's R hand hold. Double Hand Hold - Lead's L to Follow's R and Lead's R to Follow's L for Swivels. Traditional Hold Cross Body Leads may be used in place of any 1st half of a Basic that a figure may commence with.
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** Allowed: Hold 1, Step 2,3,4. The break step must be on 2.

FIGURES ALLOWED:

**a. The Mambo Basic****b. Follower's Natural Underarm Turn**

- **A Right Side Pass**
- **3 x Backward Breaks in Shadow Positions**
- **2 x Simple Swivels**
- **A Back Spot Turn with Promenade End**
- **A Cross Body Lead with Follower's Reverse Underarm Turn**

FOCUS ELEMENT:

- Right Side Pass
- Shadow Positions
- Swivels
- Back Spot Turn
- Reverse Underarm Turn



LEVEL 2

Bolero

Bolero

- Dance Holds:** Dancing must commence in a 'Traditional Closed Dance Position'. Traditional Closed Hold in all figures. L & R Side by Side & Apart in Cross Overs. Open Facing & Open Positions in Lead's L to Follow's R hand hold for the L & R Side Passes and Spiral/Curl. Double Hand Hold in Shadow - Lead's L to Follow's L and Lead's R to Follow's R hand hold.
- L2 Dancers:** - Bolero Rise/Fall/Drop Drift technique only. No Contra Check actions in the Basic.
- L3&4, 5&6 Dancers:** - Full advanced Bolero Rise/Fall/Drop Drift and Contra Check actions permitted, and encouraged.
- Lead/Follow:** All material must be Lead & Followed.
- Timings:** Allowed: SQQ. No other timing.

FIGURES ALLOWED:

**a. The Bolero Basic****b. 2 x Crossover Breaks and a Switch Turn**

- **A Left Side Pass**
- **A Right Side Pass**
- **A Back Spot Turn**
- **3 x Backward Breaks in Shadow Positions**
- **A Simple Spiral/Curl**

FOCUS ELEMENT:

- Left Side Pass
- Right Side Pass
- Back Spot Turn
- Shadow Positions
- Spiral/Curl & Shaping Lead